

Practical Tai Chi Chuan Seminar

17 and 18 March 2012



PARIS - TAÏ CHI welcomes **Dan DOCHERTY**

Leader of the Practical Tai Chi Chuan, chairman of the European Federation (TCFE), an inveterate researcher, author of books, numerous articles, CDs, videos, DVDs, etc. ...

Dan is a professor who has trained many champions and teachers across Europe using direct and effective pedagogy, appropriate to each participant and guaranteed of a genuine traditional transmission.

Seminar content: 10 hours of teaching and intensive training

« **Every aspects of *Tai Chi Chuan*** »

- Health condition : improve your physical form and your health
- Practical training : applications, self-defence, pushing hands (*Tui Shou*)
- Hand forms : short forms (square or round), longue form, advanced form, teaching and corrections all levels (beginners to advanced students)
- Weapons : spear, sabre, sword

This weekend of practice is open to all, beginners or advanced students or teachers, practitioners of another style, internal arts or other martial arts.

This course offers an exceptional opportunity to start "dipping".

Saturday: 14 h - 19 h
Sunday: 9 h 30 - 12 h 30, 14 h 30 - 16 h 30
Neigong: upon request

<http://www.maisondutaiji.com>
www.taichichuan.co.uk

Booking: lenfancede@free.fr

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Venue Details
Maison du Taiji



57 rue Jules Ferry
Bagnole

Métro

Robespierre or Porte de Montreuil (line 9)
or Gallieni (line 3)

Bus 318, 76 ou Gallieni (gare RATP)
Gare Routière Internationale (Eurolines)

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